

MEMORY CARE

Engagement Calendar

S M T W T F S

<p>01</p> <p>10:00 Sunday Service C 11:00 Let's Play Cards: Suit Sorting AR 11:30 Dining Set Up For Lunch AR 1:30 Aromatherapy & Hand Massages LR 2:30 Sing Along Sunday: Gospel AR 3:30 20 Questions LR 4:00 Dining Set Up for Dinner DR 6:00 Movie: Our Souls at Night TV</p>	<p>02</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Scarf Dancing Exercise ER 10:30 Let's Play Cards: Go Fish! AR 1:00 Short Story Hour LR 2:30 Bingo! AR 4:00 Dining Set Up for Dinner DR 6:00 Meditation Music for Mind & Spirit TV</p>	<p>03</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Chair Yoga: Puff the Magic Dragon ER 11:00 Craft: Strainer Flower Arrangement AR 1:30 Cooking Class AR 3:30 Sing Along! LR 4:00 Dining Set Up for Dinner DR 6:00 Movie: You've Got Mail! TV</p>	<p>04</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Workout Wednesday! ER 10:30 Let's Play Cards: War! AR 1:30 Aromatherapy & Hand Massages LR 3:00 Hors D'oeuvres Hour AR 4:00 Dining Set Up for Dinner DR 6:00 Positive Affirmations TV</p>	<p>05</p> <p>10:00 Tai Chi Thursday ER 11:00 Craft Club AR 2:30 Bingo! LR 3:30 Aromatherapy & Hand Massages LR 4:00 Dining Set Up for Dinner AR 6:00 Guided Meditations TV</p>	<p>06</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Parachute Balloon Toss AR 10:30 Let's Play Cards: Crazy Eights! AR 1:30 Cooking Class AR 3:00 Historical Documentary TV 4:00 Dining Set Up for Dinner DR 6:00 Evening Meditation C</p>	<p>07</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Beach Ball Toss AR 1:30 Picasso Hour AR 1:30 John Denver Hour AR 4:00 Dining Set Up for Dinner DR 6:00 Movie Night: Forrest Gump TV</p>
<p>08</p> <p>10:00 Sunday Service C 11:00 Let's Play Cards: Suit Sorting AR 11:30 Dining Set Up For Lunch AR 1:30 Aromatherapy & Hand Massages LR 2:30 Sing Along Sunday: Gospel AR 3:30 20 Questions LR 4:00 Dining Set Up for Dinner DR 6:00 Movie: Enola Holmes TV</p>	<p>09</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Scarf Dancing Exercise ER 10:30 Let's Play Cards: Go Fish! AR 1:00 Short Story Hour LR 2:30 Bingo! AR 4:00 Dining Set Up for Dinner DR 6:00 Meditation Music for Mind & Spirit TV</p>	<p>10</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Chair Yoga: Puff the Magic Dragon ER 11:00 Craft: Rock Painting AR 1:30 Cooking Class AR 3:30 Sing Along! LR 4:00 Dining Set Up for Dinner DR 6:00 Movie: Nonnas TV</p>	<p>11</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Workout Wednesday! ER 10:30 Let's Play Cards: War! AR 1:30 Aromatherapy & Hand Massages LR 3:00 Hors D'oeuvres Hour AR 4:00 Dining Set Up for Dinner DR 6:00 Positive Affirmations TV</p>	<p>12</p> <p>10:00 Tai Chi Thursday ER 11:00 Craft Club AR 2:30 Bingo! LR 3:30 Aromatherapy & Hand Massages LR 4:00 Dining Set Up for Dinner AR 6:00 Guided Meditations TV</p>	<p>13</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Parachute Balloon Toss AR 10:30 Let's Play Cards: Crazy Eights! AR 1:30 Cooking Class AR 3:00 Historical Documentary TV 4:00 Dining Set Up for Dinner DR 6:00 Evening Meditation C</p>	<p>14</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Beach Ball Toss AR 1:30 Van Gogh Hour AR 1:30 Elvis Presley Hour AR 4:00 Dining Set Up for Dinner DR 6:00 Movie Night: La Dolce Villa TV</p>
<p>15</p> <p>10:00 Sunday Service C 11:00 Let's Play Cards: Suit Sorting AR 11:30 Dining Set Up For Lunch AR 1:30 Aromatherapy & Hand Massages LR 2:30 Sing Along Sunday: Gospel AR 3:30 20 Questions LR 4:00 Dining Set Up for Dinner DR 6:00 Movie: The Intern TV</p>	<p>16</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Scarf Dancing Exercise ER 10:30 Let's Play Cards: Go Fish! AR 1:00 Short Story Hour LR 2:30 Bingo! AR 4:00 Dining Set Up for Dinner DR 6:00 Meditation Music for Mind & Spirit TV</p>	<p>17</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Chair Yoga: Puff the Magic Dragon ER 11:00 Craft: Yarn-Wrapped Shapes AR 1:30 Cooking Class AR 3:30 Sing Along! LR 4:00 Dining Set Up for Dinner DR 6:00 Movie: The Sound of Music TV</p>	<p>18</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Workout Wednesday! ER 10:30 Let's Play Cards: War! AR 1:30 Aromatherapy & Hand Massages LR 3:00 Hors D'oeuvres Hour AR 4:00 Dining Set Up for Dinner DR 6:00 Positive Affirmations TV</p>	<p>19</p> <p>10:00 Tai Chi Thursday ER 11:00 Craft Club AR 2:30 Bingo! LR 3:30 Aromatherapy & Hand Massages LR 4:00 Dining Set Up for Dinner AR 6:00 Guided Meditations TV</p>	<p>20</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Parachute Balloon Toss AR 10:30 Let's Play Cards: Crazy Eights! AR 1:30 Cooking Class AR 3:00 Historical Documentary TV 4:00 Dining Set Up for Dinner DR 6:00 Evening Meditation C</p>	<p>21</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Beach Ball Toss AR 1:30 Da Vinci Hour AR 1:30 Neil Diamond Hour AR 4:00 Dining Set Up for Dinner DR 6:00 Movie Night: True Grit TV</p>
<p>22</p> <p>10:00 Sunday Service C 11:00 Let's Play Cards: Suit Sorting AR 11:30 Dining Set Up For Lunch AR 1:30 Aromatherapy & Hand Massages LR 2:30 Sing Along Sunday: Gospel AR 3:30 20 Questions LR 4:00 Dining Set Up for Dinner DR 6:00 Movie: Singin' in the Rain TV</p>	<p>23</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Scarf Dancing Exercise ER 10:30 Let's Play Cards: Go Fish! AR 1:00 Short Story Hour LR 2:30 Bingo! AR 4:00 Dining Set Up for Dinner DR 6:00 Meditation Music for Mind & Spirit TV</p>	<p>24</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Chair Yoga: Puff the Magic Dragon ER 11:00 Craft: Tissue Paper Collage AR 1:30 Cooking Class AR 3:30 Sing Along! LR 4:00 Dining Set Up for Dinner DR 6:00 Movie: Mamma Mia! TV</p>	<p>25</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Workout Wednesday! ER 10:30 Let's Play Cards: War! AR 1:30 Aromatherapy & Hand Massages LR 3:00 Hors D'oeuvres Hour AR 4:00 Dining Set Up for Dinner DR 6:00 Positive Affirmations TV</p>	<p>26</p> <p>10:00 Tai Chi Thursday ER 11:00 Craft Club AR 2:30 Bingo! LR 3:30 Aromatherapy & Hand Massages LR 4:00 Dining Set Up for Dinner AR 6:00 Guided Meditations TV</p>	<p>27</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Parachute Balloon Toss AR 10:30 Let's Play Cards: Crazy Eights! AR 1:30 Cooking Class AR 3:00 Historical Documentary TV 4:00 Dining Set Up for Dinner DR 6:00 Evening Meditation C</p>	<p>28</p> <p>9:00 Daily Icon with Tea & Coffee LR 10:00 Beach Ball Toss AR 1:30 Norman Rockwell Hour AR 1:30 Johnny Cash Hour AR 4:00 Dining Set Up for Dinner DR 6:00 Movie Night: Julie & Julia TV</p>

Meeting Places

- AR** Activity Room
- C** Chapel
- DR** Dining Room
- ER** Exercise Room
- LR** Living Room
- AR** TV Room

Dimensions of Wellness

- Creative**
- Social**
- Cognitive**
- Physical**
- Emotional**
- Purposeful**